



NOR'WESTER

Rotary Club of Northwest Des Moines
www.clubrunner.ca/northwestdesmoines

March 4, 2011

Prez Sez...

Eric Dickinson

Leo Landis

Curator-Salisbury House

Arranged By:

Dave Piersel

Greeter:

Vicky Foresman

Invocation:

Dianne D-Nelson

Sergeant:

Jenifer M-K

Scribe:

Vicky Foresman

I was watching TV with Darrell my grandson over the weekend. The movie we were watching was called Up. This is a story about an elderly old man who always complained about nothing going his way. From the point where we started watching, his house was right in the middle of a great big construction site. When it was getting close to time that the construction crews were going to tear down his home, this grumpy old man does something that nobody had ever thought of before. He fills hundreds of balloons with helium and sends them out his chimney. And what happens next is very surprising to everybody who sees it. The house is lifted off of its foundation and floats away. From here he begins meeting people and animals who all want to be his friend and help him in what he is trying to do. First, there is a Boy Scout, someone that he knows from his old neighborhood. Then there is a big, tall colorful bird and a dog that can speak like you and me. We in what we do as Rotarians is very much the same as what I am describing. A single person such as Paul Harris begins a club with 2 friends working with those whether he knows them or not to help make the world a better place to live. Over 100 years later, our club is still working for people here and around the world to be a better place. It is just amazing how much love for the people both here in our back yard and around the world that we continually work with to make the world a better place to live. Now I know why I am here. To help make the world a better place for everybody.



2010-11 Officers & Directors

- Eric Dickinson, President
- Wanda Armstrong, President Elect
- Brad Helgemo, Secretary
- Bill Corwin, Treasurer
- Ed Arnold, Director
- Jim Arthur, Director
- Dan Boes, Director
- Jenifer M-K, Director
- Diane Porter, Director
- Wendi Wilson, Past President
- Dianne D-Nelson, Exec Sec
- Bill Corwin, Exec Treas

Scribbles...

Raising Money Mighty Missions

The speaker was Paul J. Kirpes. Paul is a fellow NWDM Rotarian and he spoke on the topic of Successful Fund Raising. All members were provided a copy of his book entitled Mighty Missions.

The first division of 8 Chapters details the steps to becoming an effective fund raiser and the second division - Chapter 9 - is in 9 segments; each focus on the tools needed to accomplish your objectives. Part 1 used the 8 letters in MISSIONS as a guide: Ch 1 - Mission Must Drive Everything; Ch 2 - Identify Urgent and Compelling Needs; Ch 3 - Secure the Commitment of a Few Others; Ch 4 - Set Up and Carry Out a Practical and Realistic Plan; CH 5 -

Invest Significant Time, Talent and Fiscal Resources; Ch 6 - Organize and Then Make the Ask Over and Over Again; Ch 7-Never Quit---Never Give Up; and Ch 8 - Sincerely Thank Every Donor Seven Times. The remaining Chapters focused effectively on Selected Topics and Tools. The presentation is such that it could easily be used as a College Text. It is well written and easy to understand.

Paul Kirpes is the founder, President and CEO of TPG Companies He holds BS and BA degrees from ISU. He is active in Rotary, the Assoc. of Fund-Raising Profs, BSA and AgUrban Leadership Initiative. Thank you for the copy of your work.

Scribe, David Crandall

Future Programs

- 3/11: Committee Meetings
- 3/18: No Meeting
- 3/25: Bob Wersen
Tassel Ridge Winery

HELP WANTED

The Northwest Des Moines Rotary club is looking for a new person to setup and tear down after each meeting. This job only requires that you come to meetings at 11:15 am to get things setup. It will also help you save money each quarter in your Rotary club dues!!!

If you are interested in filling this position for our club, talk to Eric and he can fill you in on all the details! Your help will be greatly appreciated!

- Digestion is more than just plumbing. It is plumbing and electricity. We eat to recharge our batteries, not to drain them. Don't let bad habits sap your energy.
- Yoga is a good exercise to promote flexibility and proper breathing. Yoga teaches you how to breathe properly and move your body to improve strength, flexibility and endurance.
- Did you know it takes a deficit of 3,500 calories to lose one pound? If you gradually decrease the amount of food you eat by 100 to 200 calories per day, you could lose 10-20 pounds in a year.
- If you tend to overeat when you go to a restaurant, ask the server to pack half the meal in a to-go box before serving you your meal.



We'll Be Singing . . .

My Country 'Tis of Thee

Song Time:

I'm Looking Over A Four Leaf Clover (#40)
When You're Smiling (#82)

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203

Fax: 515-237-2283

elliotspudmom@yahoo.com



SAVE THE DATE

March 17 - St. Patrick's Day

*Social hour - Dinner Buffet
with corned beef and cabbage
(chicken for you non Irish)*

6 - 9 p.m.

West Des Moines Marriott

Future Information

<u>Program</u>	<u>Greeters</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
<i>Chairperson:</i> Leslie Malcom	<i>Chairperson:</i> Wanda Armstrong	<i>Chairperson:</i> Jim Pittman	<i>Chairperson:</i> Beth Goedken	<i>Chairperson:</i> Larry Sample
Committee Mtgs, Mar. 11	Dave Nagel Mar. 11	Marcus Dunn Mar. 11	James Alan, Mar. 11	James Alan, Mar. 11
No Meeting, Mar. 18	No Meeting, Mar. 18	No Meeting, Mar. 18	No Meeting, Mar. 18	No Meeting, Mar. 18
Leslie Malcom, Mar. 25	Roger Nyberg, Mar. 25	Gene Gabus, Mar. 25	James Alan, Mar. 25	Kevin Smith, Mar. 25